



## Registering as an indvidual?

Thank you for helping us shine a light on domestic and family violence. Every step you complete is a step towards a world without violence.

Instructions for registering as an individual:

- 1. Go to darknesstodaylight.org/
- 2. Click on the register button
- 3. Create your account
- 4. Enter your personal details
- 6. Select a shirt size (Please keep in mind the sizing is unisex)
- 7. If you would like to self-donate now, this is great way to start your fundraising journey
- 8. Complete payment to finalise registration. If you have a promotional code please enter it now
- 9. Your profile is set up and you can start sharing.

## Join the Facebook group

We strongly encourage all participants to join the Darkness to Daylight Facebook group to stay up to date with event or weather updates.

Log into your Facebook account and at the top right hand corner search 'Darkness to Daylight Challenge', then select 'Join group'.

## Event format

1 - 30 May: The Vittual Challenge

Participants work as individuals or as groups to complete 100km.

31 May: The 10km live Event

Participants and community members are invited to a central location to complete the final 10km as one. There will also be a 3km option at the live event.