

What is D2D?

In Australia on average 110 people die from Domestic and Family Violence (DFV) every year. Darkness to Daylight (D2D) is a 110km run where each kilometre represents one of those lives lost. It's a long distance. It's hard physically and mentally and to get through it participants often join together to run and walk in teams to support each other. We don't mind if you run or walk, if you complete 3km or 110km. We just ask that you run with a purpose, that you join us in standing up to domestic and family violence.

When we run, a candle lights the way - a symbol of hope to pass onto those who need it most. Our candles let those experiencing DFV know that they are not alone and we will not stop until DFV does.

Event format

Safety is our number one consideration when hosting events and with that in mind in 2022, Darkness to Daylight will continue as a blended format.

1 - 30 May: The Virtual Challenge

Participants work as individuals or as groups to complete 100km.

31 May: The 10km Live Event

Participants and community members are invited to a central location to complete the final 10km as one. There will also be a 3km option at the live event.

Important Dates

7 March
Registrations
open

28 April
Opening
Ceremony

29 April
Registrations
close

1 May
D2D Virtual
event starts

31 May
Live event &
D2D ends